

# PROTECTING YOURSELF ONLINE

## eSafety issues

Here are some of the top eSafety issues for young people. Click on the links to take you to more information about each topic.

- [Cyber abuse](https://www.esafety.gov.au/esafety-information/esafety-issues/cyber-abuse) ( <https://www.esafety.gov.au/esafety-information/esafety-issues/cyber-abuse> ) online behaviour that is likely to have a seriously threatening, intimidating, harassing or humiliating effect on a person.
- [Cyberbullying](https://www.esafety.gov.au/esafety-information/esafety-issues/cyberbullying) ( <https://www.esafety.gov.au/esafety-information/esafety-issues/cyberbullying> ) there are many young people being cyberbullied so, by reporting it, talking about it, and supporting each other, we can stop it.
- [Image-based abuse](https://www.esafety.gov.au/image-based-abuse) ( <https://www.esafety.gov.au/image-based-abuse> ) find reporting options, support and resources for victims, their family and friends, and bystanders.
- [Offensive or illegal content](https://www.esafety.gov.au/esafety-information/esafety-issues/offensive-or-illegal-content) ( <https://www.esafety.gov.au/esafety-information/esafety-issues/offensive-or-illegal-content> ) if it's violent, explicit or criminal, you can report it to the Office of the eSafety Commissioner for action.
- [Sexting](https://www.esafety.gov.au/esafety-information/esafety-issues/sexting) ( <https://www.esafety.gov.au/esafety-information/esafety-issues/sexting> ) while sharing suggestive images or text messages may seem like innocent flirting, it can have serious social and legal consequences.
- [Social engineering](https://www.esafety.gov.au/esafety-information/esafety-issues/social-engineering) ( <https://www.esafety.gov.au/esafety-information/esafety-issues/social-engineering> ) the act of manipulating people into performing actions or divulging confidential information like passwords and PINs.
- [Social networking](https://www.esafety.gov.au/esafety-information/esafety-issues/social-networking) ( <https://www.esafety.gov.au/esafety-information/esafety-issues/social-networking> ) great ways to stay in touch and find new friends, but there are some risks meeting people online if you don't know them in real life.
- [Unwanted contact](https://www.esafety.gov.au/esafety-information/esafety-issues/unwanted-contact) ( <https://www.esafety.gov.au/esafety-information/esafety-issues/unwanted-contact> ) any type of online communication that you find unpleasant or confronting.

## How to make a report

- [Learn more, get advice and strategies, or lodge a cyberbullying complaint](https://www.esafety.gov.au/complaints-and-reporting/cyberbullying-complaints/i-want-to-report-cyberbullying) ( <https://www.esafety.gov.au/complaints-and-reporting/cyberbullying-complaints/i-want-to-report-cyberbullying> ) in response to harmful or serious cyberbullying.
- If you've seen offensive and illegal online content, [make a complaint to the cyberReport team](https://www.esafety.gov.au/complaints-and-reporting/offensive-and-illegal-content-complaints/report-offensive-or-illegal-content) ( <https://www.esafety.gov.au/complaints-and-reporting/offensive-and-illegal-content-complaints/report-offensive-or-illegal-content> ).
- [Take action against image-based abuse](https://www.esafety.gov.au/image-based-abuse/action) ( <https://www.esafety.gov.au/image-based-abuse/action> ).
- The [Australian Cybercrime Online Reporting Network](https://report.acorn.gov.au/) ( <https://report.acorn.gov.au/> ) is a secure reporting and referral service for cybercrime and online incidents that may be in breach of Australian law.

## Where to get help

- In a life-threatening and time-critical situation call **Triple Zero (000)**.
- [Lifeline](https://www.lifeline.org.au/) ( <https://www.lifeline.org.au/> ) phone 13 11 14 (24 hours a day, 7 days a week).
- [Suicide Call Back Service](https://www.suicidecallbackservice.org.au/) ( <https://www.suicidecallbackservice.org.au/> ) phone 1300 659 467 (24 hours a day, 7 days a week).
- [Kids Helpline](https://kidshelpline.com.au/kids/get-help/) ( <https://kidshelpline.com.au/kids/get-help/> ) phone 1800 55 1800 (24 hours a day, 7 days a week) if you are aged 5 to 25 for free and confidential counselling, or [find out about their email and webchat counselling](https://kidshelpline.com.au/kids/get-help/) ( <https://kidshelpline.com.au/kids/get-help/> ).
- [eheadspace](https://www.eheadspace.org.au/) ( <https://www.eheadspace.org.au/> )—a confidential, free and secure space where young people aged 12 to 25 or their family can chat, email or speak on the phone with a qualified youth mental health professional.

Information Sourced From : <https://www.qld.gov.au/education/schools/health/cybersafety>